



COVID-related Arrival Steps *for International Students*

Before Travel

Now:



Get Vaccinated! If you have access to one now, the University of Minnesota encourages you to get vaccinated before traveling to the United States.

1-3 Days Before You Travel:



Get a COVID-19 Test. If traveling by air, you must get a COVID-19 test no more than 3 days before traveling to the U.S. You will need to have confirmation of your negative test results with you when you travel. For more information, go to z.umn.edu/cdcairtravel.

When You Travel

On the Flight:



Wear a mask and take precautions.

Keep the proof of your negative test results with your passport and other documents. Do not put it in your luggage or throw it away as you may be asked to show it after landing.

Arrive in Minnesota

Immediately After Arrival:



Check in at International Early Arrival Housing (if applicable)

Self-quarantine: You should limit your time around other people by staying in your housing as much as possible. Whether you are staying on or off campus, you are allowed to leave your housing, but you are encouraged to reduce your trips by planning ahead or using delivery services.

3-5 Days After Arrival:



Get Tested! You and your dependents can get tested on campus. Make an appointment by calling Boynton Health at 612-625-3222 or schedule online using the MyBoynton Patient Portal (boynton.umn.edu/myboynton).

If Negative:

You no longer need to self-quarantine. You should continue to take precautions to protect yourself and others, and you should continue to get tested if you have symptoms or are exposed to COVID-19.

If Positive:

Staying on-campus: Go to housing.umn.edu/covid-19 to learn how to request an isolation room.

Staying off-campus: You should make arrangements to isolate yourself.



IF NOT FULLY VACCINATED

Once you have completed self-quarantine:

Get the Vaccine! If you are 18 years or older, you can get a COVID-19 vaccine for free on-campus. To make an appointment, call 612-625-3222 or schedule online using the MyBoynton Patient Portal (boynton.umn.edu/myboynton).

If you have dependents who are 18 years or older, they can also be vaccinated on campus.

If you will miss the first day of class:



Contact your professors! If you must miss the first day of your class(es) due to quarantine or travel challenges, you must contact EACH of your professors for approval.

During the School Year



Everyone must wear masks while in UMN buildings.

Report your vaccines (when possible). Read your UMN emails as more information will be sent about reporting that you have had the COVID-19 vaccines. It will be important for you to report this information once it is required.



For more information and updates, review the SAFE-U website at z.umn.edu/get-the-vax, Boynton Health's information at z.umn.edu/boynton-get-the-vax, or email healthresponse@umn.edu.



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