



GUIDE
TO THE EDUCATION SYSTEM
IN THE UNITED STATES

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RESOURCES FOR FINDING PLAYGROUPS AND CLASSES IN YOUR AREA

In many areas, private classes are offered for children aged from six months to three years. These combine the theory and practice of play groups and day care centers. Many areas also have what are termed 'toddler' or 'tot' programs, which usually accept children from two to four years of age. Activities generally include arts and crafts, music, educational games, perceptual motor activities and listening skills. Most communities also have informal community schools or learning centers, playgroups, morning programs at local YWCAs, and other inexpensive alternatives to private schools. Community colleges also offer a variety of courses for small children, e.g. painting, dancing and cooking, once or twice a week, e.g. on Saturday mornings.

A good resource to use to find classes and resources is [ECFE-Early Childhood Family Education](#). ECFE offers a variety of classes and resources for parents and children birth through kindergarten age.

Another good resource to find playgroups and classes in your area is [Mommy and Me](#).

There are many options in the Twin Cities area for playgroups and classes. For some of them, you can visit the Summer Camps section and check which schools, among those listed, have programs for young children.